

## **Introductory Course: March 12, 2026: 9AM - 1PM**

Michael Weber, MD (Germany), Robert Weber, MSc (Germany), Matthias Wojcik, PhD (Germany): Fundamentals of Low-Level Laser Therapy, Photobiomodulation and Photodynamic Therapy (including practical demonstrations)

### **Day 1: Friday March 13, 2026**

7.00 - 8.00 am Breakfast

8.00 - 8.15 am **Jeremy Phillips / Michael H. Weber, MD (Germany, ISLA President): Welcome Note**

8.15 - 9.00 am **Michael H. Weber, MD (Germany, ISLA President): An Update on the Latest Scientific Findings in PBM and PDT**

9.00 - 10.00 am **Michael Ellenburg, ND (USA): Mechanisms and Therapeutic Applications of Transcranial and Intravenous Laser Therapy**

#### **10.00 - 10.45 am Morning Break**

10.45 - 11.45 am **Steve Liu, LAc (USA): TCM4.0 for Healing Chronic Pain, Regenerating Nerve Tissue, and Mitigating Neurodegenerative Disease**

*In this presentation, Steve will show how he integrates PBM and acupuncture to effectively cure chronic pain, mitigate peripheral neuropathy symptoms through the regeneration of nerve tissues and slow down the progression of Parkinson's Disease.*

11.45 - 12.45 pm **Leonard Kaplan, DO (USA): Clinical Applications of LLLT in Integrative Medicine and Initial Data from Novel Transcranial LLLT Protocols**

12.45 - 1.00 pm **Expert Panel Discussion**

#### **1.00 - 2.15 pm Lunch Break**

2.15 - 3.15 pm **Petra Kscheschinski, ND (Germany): Holistic Approaches and Case Studies in Longevity, Chronic Infections and Long Covid, Considering Genetics and Environmental Medicine**

*Longevity is a hot topic – but what's it really all about? The goal, of course, is to live a healthy and happy life well into old age. Shouldn't we be talking about a "healthspan" instead of a "lifespan"? This presentation will highlight aspects of the "Healthspan" and illustrate them with practical examples of patients with complex illnesses and symptoms.*

3.15 - 4.15 pm **James Laporta, MD (South Africa): Clinical Protocols for (Neuro-) Regenerative Photobiomodulation**

**4.15 - 4.45 pm Afternoon Break**

4.45 - 6.15 pm **Workshop Part 1: Topical Laser Applications, Laser Acupuncture, Transcranial Laser Therapy and Intravenous Laser Applications**

**Day 2: Saturday March 14, 2026**

**7.30 - 8.30 am Breakfast**

8.30 - 10.00 am **Michael H. Weber, MD (Germany, ISLA President): Therapeutic Protocols and Clinical Findings in Chronic Infections, Autoimmune Disorders and Longevity**

**10.00 - 10.45 am Morning Break**

10.45 - 11.45 am **Himanshu Bansal, MD (India): Low-Level Laser Therapy, Stem Cells and Longevity**

11.45 - 12.45 pm **Ahvie Herskowitz, MD (USA): Low-Level Laser Therapy in Regenerative Medicine**

12.45 - 1.00 pm **Expert Panel Discussion**

**1.00 - 2.15 pm Lunch Break**

2.15 - 3.15 pm **Steve Ottersberg, MS (USA): Understanding the Science of Photodynamic Therapy**

3.15 - 4.15 pm **Marlene Siegel, DVM (USA): Turbo Cancers In Dogs: A Multimodality Approach**

*"Turbo Cancers" in dogs are presenting extreme challenges. In this presentation, Dr. Siegel will explore the "why's" and innovative approaches to therapies.*

**4.15 - 4.45 pm Afternoon Break**

4.45 - 6.15 pm **Workshop Part 2: Interstitial and Intravenous Laser Applications and Discussion of Latest Protocol Guidelines for LLLT Applications**

**7.00 - 9.00 pm Evening Activity: "Casino Night"**

## **Day 3: Sunday March 15, 2026**

### **7.30 - 8.30 am Breakfast**

8.30 - 10.00 am **Michael H. Weber, MD (Germany, ISLA President)**: **Latest Clinical Protocols in Photodynamic Cancer Treatment**

### **10.00 - 10.45 am Morning Break**

10.45 - 11.45 am **Michael Karlfeldt, ND (USA)**: Integrative Photodynamic Protocols for Cancer and other Chronic Diseases

11.45 - 12.45 pm **James Laporta, MD (South Africa)**: **Photodynamic Therapy in Oncology**

12.45 - 1.00 pm **Expert Panel Discussion**

### **1.00 - 2.15 pm Lunch Break**

2.15 - 4.00 pm **Workshop Part 3: Photodynamic Laser Applications in Integrative Oncology**

**4.00 pm Closing Remarks and Conference Adjourns**